



# SPRINGFIELD ART GUILD (SAG)

*A place for a creative experience*

**June 2022 Newsletter**

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### Meeting Schedule

Zoom Meeting June. 8, 2022 – all are welcome!

#### Schedule

7 pm – Business Meeting

7:10 pm – Speaker

*Times are approximate*

[www.springfieldartguild.org](http://www.springfieldartguild.org)

[www.facebook.com/springfieldartguild/](https://www.facebook.com/springfieldartguild/)

June Guest Speaker

**Word Turning Artist, George Jones**



Since the introduction to the craft of woodturning, over 14 years ago, George Jones has had the opportunity to study under a number of internationally renowned wood artists. For six consecutive years, he studied at least one week each summer at the Arrowmount School of the Arts in Gatlinburg, TN. During this week, he received one-on-one training from some of the leading woodworking artists and has been completely immersed in his craft. Additionally, the school at Arrowmount exposed George to an artists' community which included pottery, stone carving, quilters and more; this gave him an opportunity to translate new art mediums into his own art. Through the

individual perspective and technical teachings of each of these artists, he has developed a unique perspective on woodworking.

All of George's pieces are unique, from bowls to wall art. Each tells a story and are important to him. George is hopeful the love and fulfillment he has gained from creating each piece is apparent and brings enjoyment to those who see them. George feels the best thing about being an artist is the gift of learning and growing from each piece. Each piece of artwork pushes him to grow and embrace new ideas. His pieces can be seen at the Loft Gallery in Occoquan, VA. Below is a list of organizations, instructors, publications, etc. that have influences on his creative endeavors.



### **CURRENT ORGANIZATIONS**

American Association of Woodturners: 2002 to present  
Capital Area Woodturners: 2002 to present  
Vietnam Veterans of America, *Chapter 227* (current board member):  
2005 to present

### **MOST INFLUENTIAL ARTISTS/INSTRUCTORS**

Nick Agar, U.K. | *Coloring, Carving, Wall Art*  
Al Stirt, Vermont | *Carving, Woodturning*  
Christophe Nancy, France | *Sculptures, Wall Art*

### **ARTWORK DONATIONS**

American Cancer Society, Auction  
Virginia Hospital Center, Fundraiser  
Breast Cancer Awareness, Fundraiser  
Wounded Warriors, Donations for wounded vets



## INFLUENTIAL PUBLICATIONS

*American Association of Woodturners*

*Woodturners Design*

*American Woodturner*

*Metal-Smith*

*Sculpture*

## PROFESSIONAL CAREER

Virginia Hospital Center (Arlington Hospital),

*Retired: 1978 – 2015*

United States Army, *Retired: Medic – Two*

*Deployments (Vietnam)*



## Meet SAG's 2021-2022 Board Members

*Springfield Art Guild Board welcomes new Board Members Pat Hafkmeyer and Gladys Berly*

The SAG President schedule will rotate among some of the board members. The Acting President schedule will be listed in the newsletter. If you have questions you can contact any board member.

SAG is looking forward to another great year with our Guest Speaker's Series, members' shows and other activities throughout the year.

Everyone is encouraged to invite friends to join us for our Guest Speakers series (on Zoom until further notice)



**Donnalynne Lefever**  
Vice President



**Joanna (Jo) Stafford**  
Treasurer



**Heather Cronin**  
Secretary



**Danica Archart**



**Elaine Sevy**  
Artist Naturalist



**Mary Rose Janya**



**Teresa T. Brunson**  
Newsletter & Website  
Former Board Member



**Lydia Jechorek**  
Membership  
Former Board Member



**Alice Merritt**  
Librarian  
Former Board Member



**Gladys Berly**



**Chris Jenkins**



**Pat Hafkmeyer**

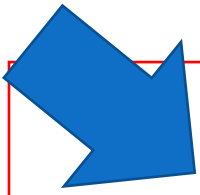
## Acting President schedule- 2021-2022

2021-2022	Acting President	Members Mtg	Board Mtg*	Assistant
September	Danica	8	13	Lydia
October	Chris	13	18	Mary Rose
Nov	Pat	11	15	Elaine
Dec	Elaine	9	13	Chris
Jan	Mary Rose	12	17	Pat
Feb	Danica	9	14	Elaine
Mar	Elaine	9	14	Mary Rose
Apr	Gladys	13	18	Chris
May	Pat	11	16	Danica
June	Donnalynne	8	13	Pat

\*All members are welcome to attend the monthly Board meetings. Please contact any Board member to get the Zoom link

## SAG's Featured Speaker List for Our 2020-2021 Season

2020-21	Guest Speaker	Art Topic
Sep 8	Lewis Williams	Painted His Way Across USA by Bike (watercolor, pastel, acrylic)
Oct 13	Rosa Leff	Hand Cut Paper Art
Nov 11	Celeste Amparo Pfau	Fabric Prints
Dec 9	Mindy Lighthipe	Painting nature in gouache, colored pencil, watercolor & pan pastels
Jan 12	Dave Coverly	Cartoonist – Creator of "Speed Bump"
Feb 9	Remington Robinson	Oil paints in Altoid mint tins and does murals
Mar 9	Sara Shoob	History of Women Artist/ Smithsonian
Apr 13	Charles Redmond	From NASA to Creating Art
May 11	Danny Gregory	Artist, writer, founder of Sketchbook Skool
Jun 8	George Jones III	Wood Turning



## SAG's June Annual Meeting

- June is our annual meeting in which the Treasure's report is read, the minutes from the last annual meeting are read and the election of director(s) is made.
- We are happy to announce 2 possible nominees for the SAG Board - Marshall Carolus and Courtney Clark. Thank you! Please let anyone on the Board know if you are interested in joining the board. **We still need more people on the Board. Help!**
- In addition to our business part of the meeting we will also have our featured speaker, George Jones, to give a presentation.



**Springfield**  
Civic Association  
Where we all come together

SAG appreciates the Springfield Civic Association's continued support and coverage of our activities through its newsletter and Facebook group. For news and important information about businesses, school activities and important issues relative to the Springfield community, visit SCA's website at: [springfieldcivic.org](http://springfieldcivic.org).

*Save the Date!*  
June 5th 2022 at 1pm



# *SAG Spring Juried Virtual Art Show*

**May 7 - July 2**

Link to the show

<http://www.springfieldartguild.org/spring-2022-virtual-show-large/>.

**Sunday, June 5th 1pm.  
Zoom reception with juror Stacy Slaten**

This reception is a golden opportunity for SAG members, family and friends to hear what a juror's perspective is in picking and awarding a show. Stacy is planning on talking about each piece that was selected for this minimalist show, the reason she chose to create a show of this size and why she chose the winners. So often we submit to a show and maybe hear about the award winners, but during this reception everyone in the show will hear her talk about your piece and why it was selected. Even if you are not in the show, please come and use this presentation as a learning experience.

1st, 2nd and 3rd places as well as three Honorable mentions will be given out during the reception.

Please send out this email to your family and friends so they can look at the show. And in a few days the Zoom link for joining the Reception will be sent in its own email with all info to join by clicking on the link. You may forward the link to them as well.

Below I have included Stacy's Bio, a photo of her and her parrot which may be joining us during the reception and a few other opportunities to check out about Stacy.

I look forward to seeing everyone at the reception.

Thanks,  
Donnalyne

Stacy Slaten is an Associate Professor of Drawing and Painting and at Northern Virginia Community College in Alexandria, Virginia. Her drawings are exhibited nationally across the country from galleries and museums such as Five Points Gallery, Torrington, CT; Impasto Art Gallery, Longmont, CO; Las Laguna Gallery, Laguna Beach, CA; Ellen Noel Art Museum, Odessa, TX to local places like Del Ray Artisans Gallery, Alexandria, VA and Vienna Arts Society, Vienna, VA. She earned a Bachelor of Fine Arts degree in Drawing and Painting, another in Jewelry Design and Metal smithing, and one in Human Sciences at Texas Tech University in Lubbock, Texas, where she is from. She then earned a Master of Fine Arts in Painting from Miami University in Oxford, Ohio. Currently, she lives in Alexandria with her parrot and continues to investigate drawing as a primary expression. Please visit [www.stacyslaten.com](http://www.stacyslaten.com) for further information about her work.

Just for fun and human interest, here is a photo with Liberty so people may know

they may see her 😊 ...she is the focus of many of my artworks.

Here is info on an exhibit completed by myself and my painting students at the Freedom House Museum of Alexandria. The show will be up 2-3 years and I highly recommend people attending! Here is some information on getting tickets...

<https://shop.alexandriava.gov/Events.aspx>



I am also finishing 4 watercolor pieces for a show to deliver this coming Tuesday to the Creative Brush Gallery in downtown Manassas. The opening reception is the same day of our reception (2-6 pm)! I will zip on by to that immediately so I would prefer not to linger after 3 pm for the reception. Besides, it is hard for anyone to stay on Zoom for longer!

If anyone is interested, here is the information...

<http://www.creativebrush.com/>

<http://www.creativebrush.com/annual-summer-show.html>

# Garden Dreams 2022



## SAG's Green Springs Annual Juried Show

**October 18<sup>th</sup>- December 11<sup>th</sup>**

The Springfield Art Guild is excited to bring its members the wonderful opportunity to once again participate in an in-person show. It's SAG's annual **juried** Green Spring Gardens show at the Horticultural Center at Green Springs in Annadale, VA. The show will include the main room & ramp this year.

Time flies, so **NOW** is the time to start thinking about and creating your entries!

Each SAG member may enter up to **three** 2D pieces of artwork. The artwork should not exceed 24"x24"

The entry fee is \$10 for one, \$20 for two, or \$25 three entries. The entry fee is non-refundable.

Per Green Springs' guidelines artwork must be one of the following:

- **floral** (plant life -- flowers, leaves, berries etc.)
- **fauna** -- animals with the exception of pets
- **landscape** - nature based landscapes that look like north east local landscapes...No seascapes or urban landscapes unless they include local historical architecture/monuments. **Note:** Southwest landscapes, tropical landscapes or European landscapes would not be qualified.
- **local "historic" architecture/monuments**

Artists will be responsible for sales of their artwork, including the 6% sales tax. The commission to Green Spring Gardens for sales is 30%

Show dates: Monday October 18<sup>th</sup> - December 11, 2022

Installation: Monday October 17<sup>th</sup>

*\*\* More information about the Green Springs' show and important dates including deadline for submissions to follow.*

Pat Hafkemeyer, Chairperson  
pat.hafkemeyer@cox.net



# We, The People: Portraits of Veterans in America

*By Watercolorist Mary Whyte.*

*Marine Corps Museum, Quantico thru Jan 2023*

*By Lydia Jechorek*



At the recommendation of SAG members Lynn Martin and Marni Marni, I visited the [Marine Corps Museum](#) art gallery to enjoy [Mary Whyte's](#) beautiful artwork. I've long been an admirer of her art. What a wonderful experience and treat to have the opportunity to see a huge body of her work in person.

Whyte's exhibit depicts 50 Veterans of all ages, one from every state. Each Veteran's portrait as a story telling us something about their lives after their military service. The detail in each painting is breathtaking when viewed in person. The large scale of the paintings is not something you usually see with watercolor and each has a custom-made frame to accentuate its portrait.

**This is an exhibit you will not want to miss and is free to the public.** While you are at the exhibit, you should also stop by and enjoy the Artists' in Resident studio which is located just outside the gallery.

Here are television interviews on [Whyte's website](#) about the exhibition:

[TV show Palmetto Scene with Host Beryl Dakers](#) (premiered in Nov 2019) sits down with Mary Whyte to talk about her exhibit "We, The People."

[PBS Special from Whyte's 2019 reception](#)

# June is International Nature Journaling Week

By Elaine Sevy, SAG Artist Naturalist

Mark your calendar for “International Nature Journaling Week,” which runs **June 1-7**. It’s an online global celebration of nature journaling! The overarching theme this year is **BACK TO BASICS**.

The goal is to celebrate the beauty and simplicity of nature journaling and leave behind anything that can complicate or distract you from the joy of connecting with nature through creativity.



International  
NATURE JOURNALING  
WEEK  
1-7 June

There will be themes for each day of the week to help guide our focus:

- Day 1 — Appreciation
- Day 2 — Sharing
- Day 3 — Creativity
- Day 4 — Inspiration
- Day 5 — Confidence
- Day 6 — Care
- Day 7 — Celebration

Check the website to look for ideas and inspiration, live events and giveaways, <https://www.naturejournalingweek.com>. There are already so many interesting and helpful pages, including one for Parents & Teachers, one for the Reluctant Artist and a page on sharing the Written Word in our nature journal pages.

Make sure to tag your artwork and posts with **#naturejournalingweek** on Social Media to stay connected with others who are participating.

If you prefer local, in-person classes, there are still some openings for sketch hike and drawing classes taught by Artist Naturalists Margaret Wohler (Huntley Meadows Park) and Avery Gunther. (Hidden Oaks Nature Center).

You can use the links provided here to check availability and register.

Margaret is teaching Sketch Hikes on Ancient Plants, the Summer Solstice, Signs of Beavers, Vines and How to draw your Dragon(fly). Use the following link to scroll down to each class to register:



<https://fairfax.usdirect.com/.../ACTIVITIES/Search.aspx...>

Avery is teaching Ferns of Hidden Oaks, Drawing Nature in Summer and Drawing Seashells. Use the following link to scroll down to each class to register:

<https://fairfax.usdirect.com/.../ACTIVITIES/Search.aspx...>



**LIKE “The NOVA Nature Journal Club,” on Facebook!**

<https://www.facebook.com/groups544583139673338/>

**The NOVA Nature Journal Club**, a Facebook group administered by SAG Member Elaine Sevy, offers a steady flow of lovely illustrations and journal pages, as well as links to register for a variety of online and in-person classes.

In the case of inclement weather, outdoor events may be rescheduled or canceled to make sure everyone stays safe. Indoor classes may still require masks and possibly social distancing, depending on CDC guidelines.

## Join us on Wednesdays!



We heard SAG members say they were having trouble getting motivated to paint at home and the idea of having a virtual open studio was born. Most of us are also looking for ways to increase our social activities safely these days, this is a two for one! This is a zoom session where we can get together, chat, do our art, and ask for input on our work! Those who have participated have enjoyed the companionship and added incentive to get back to their art. There is no size limit to this group, if we get too big for one chat, we can just add another "room" and have too smaller groups!



**When:** Wednesdays from 1- 2:30pm

**Where:** On Zoom - SAG members meet on Weds to work on any art project of their choosing. The zoom link is always the same and is sent weekly to all members by email

**What's is all about??**

It's a virtual get-together giving everyone a chance to work on their personal art in a group setting for inspiration, encouragement and to just have fun chatting, and painting or drawing again.

*Come join us you'll be glad you did!*

# HELP!!



SAG needs volunteers! We are asking all members to consider helping the guild please.

SAG is looking for volunteers for Board positions as well as all sorts of other small jobs. As many of you know the term is up for several of our Board members so we have positions to fill. Each Board member spends about 1 to 3 hours a week on SAG business. That's all! It has always been a good group of 9 members working together as a team and helping each other. It really isn't a huge responsibility and we only meet via Zoom once a month. The Board also relies on the entire membership to assist in various duties. Let's all help our art guild keep going another 50 plus years.

If you have questions please contact any board member or you can email [teresatindlebrunson@gmail.com](mailto:teresatindlebrunson@gmail.com) and she will connect you with a board member that can answer your specific question.

We are reposting the "story" below to help explain more about the volunteer duties the board members have but many of the duties could be handed over to individual members. Maybe you will see something you can help with.

*"It is not enough to be compassionate – you must act"*  
– The Dalai Lama

# Inspiring Article from Artistnetwork

<https://www.artistsnetwork.com/artist-life/daily-creative-acts-make-better-artist/>

## 5 WAYS A DAILY CREATIVE ACT CAN SAVE YOUR ART—AND MAYBE YOUR LIFE



Carrie Schmitt started painting as a therapeutic practice following a life-threatening diagnosis. Learn how daily “artful” acts saved her creative spirit when she was in a dark place—and how they might transform your life too.

### Art as Therapy

I began painting in 2009 after being diagnosed with a life-threatening allergy to heat while living in my hometown of Cincinnati, Ohio. Bedridden and unable to go outside for months, one day a voice popped in my head and said, “Now that your life is over, you might as well do what you want and paint.”

Thankfully, I listened.

Painting became a therapeutic practice and act of tenderness amidst the darkness. With time, there was some healing. And the birth of my life as an artist.

### The Rose Project

I began giving a rose to a stranger every day as a way to cope with personal heartache and melancholy. As a single mother and nurturer, I was tired of giving. While meditating, I whispered that I wanted to start receiving! An inner voice promptly replied, “You need to give more.” I was annoyed and dismayed—I wasn’t sure I had much more I could give.

My grandfather used to give my grandmother a rose every month so she could enjoy her favorite flower year round. As I listened to my intuition, I realized I was being called to give roses away too.

I gave a rose to a different person every day for a year. What has unfolded from this daily practice are moments with strangers that have transformed my relationship with creativity and my understanding of who I am as an artist and as a spiritual being.

The following are five ways the daily creative act of giving a rose transformed my art and life. The project made me think of my relationship with others and with my own creativity in a very different way. Maybe it will for you as well!

## 1. It Can Teach You to Embrace Stillness

First, I had to listen to my inner self to realize what my path really was—not what I was “shouting” at it to be. You have to ask yourself what is truly calling you. And you have to be ready to hear the answer.

Giving away roses began with me quieting my mind and listening to that inner wisdom that we all have. For me, listening came through meditation and prayer. When I received the idea of the rose during those times of quiet, I chose to listen. I didn’t know why I was supposed to give away roses, but I trusted that I was meant to do it.

Trusting your sacred path and that you can walk it is a crucial practice in being brave in art and life. Releasing control over a desired or known outcome can be liberating, terrifying and absolutely necessary for creative expansion.

## 2. You Can Find an Anchor

Is there certain recurring imagery or symbolism that connects you to your life story and to others? When you close your eyes and think of yourself as an object or color or place or action, what comes to mind? What embodies your spirit? What imagery empowers you?

For me, it was the rose. When a rose is exchanged between two people, we create a beautiful moment that otherwise would not exist. We are in union with the creative process, which heightens our senses and allows us to feel a flash of the divine, of something bigger than ourselves.

You have the same opportunity and potential to discover what your personal anchor is, and when you are ready, to do something with it.

## 3. You Will Be Brave Enough to Share Your Gifts

Art is not a neutral pursuit—that means there are going to be awesome moments and moments that are not so awesome. Be brave and be willing to risk failure knowing that getting hurt is part of the process—but that the pursuit is worthwhile.

When I started the Rose Project, I could get nervous when giving out a rose. But I did it anyway. As a teacher, I used to dance around the idea of fear with my students. But I don’t do that anymore. The fear and nerves definitely exist. They always will.

You have to be brave enough to take what comes and roll with it. This takes time and means putting support mechanisms in place for yourself: the willingness to call a friend, write in your journal, or move or exercise.

It also means accepting that sometimes people will not want what I have to give—what we have to give. When someone does not want a rose, I accept that. I have learned to trust that the rose is just meant for someone else.

#### 4. You Can Start a Movement

With the Rose Project, I witnessed how creativity is contagious. In the same way my creative acts had ripple effects in my life and community, your creative acts will inspire others. After giving a rose to a young carpenter one day, he sent me a picture of a single rose he painted on the wall of a house he was working on! A single rose had inspired him to make a spontaneous art piece!

Another time, a preschool teacher took her rose to school and had her students each paint a single rose in a vase. The results were stunning. A poet wrote me a poem about a rose, and artists began sending me images of their own rose paintings as they got word of what I'd been doing.

You never know where your creative acts will lead, but if your experience is anything like mine, it will bring magic into your life. Your creativity has the power to delight and surprise you—even people you don't know or have never met.

#### 5. You Can Harness the Power of a Daily Practice

Giving a rose every day for a year was, for me, more exciting than anything else. I thought to myself: I can't travel the world. I have financial and health issues, as well as responsibilities. So instead of traveling 10,000 miles, I will make my day-to-day life my pilgrimage, and people will have to be my continents.

There were definitely days when I questioned myself. Usually it was days when it was 10 p.m. and raining and I was driving to the store to get a rose...but I knew those moments mattered most.

When something is easy, you take it for granted. When it is tough and you question it all, but you still make the time and show inner discipline? That is when you really grow.

And that carries over to your art. Art is a practicing discipline, so the more you practice, the better it feels and the easier it flows. And like the adage says, once you commit yourself, the universe comes to your aid.



# Exciting Member News!

Be sure to let me know if you have anything you would like to share about your art endeavors. We would like to hear from you. Contact Teresa at [teresatindlebrunson@gmail.com](mailto:teresatindlebrunson@gmail.com)

Cynthia Schoepfel's artwork, "Connecting Threads," an art quilt wall hanging, won Best of Show in the Mixed Media category at the Brite Paths Artful Living event and sale. It also was sold at the event to a Brite Paths donor.

*Congratulations Cynthia!*



**Our SAG Member Featured Artist for May is John Nicholson. Please go to our website main page and scroll down to see his beautiful artwork.**

<http://www.springfieldartguild.org/>

Any SAG member can be a featured artist on our website.  
Please go to one of the last pages of our website  
to find out what you need to do.

# ART Opportunities

*This section of the newsletter is for SAG members to let us know about art opportunities in our area. Tell us about any art classes, workshops, exhibits, upcoming art shows to enter, and any other art opportunity you can think of. Please send any art opportunities to [teresatindlebrunson@gmail.com](mailto:teresatindlebrunson@gmail.com) by the 20<sup>th</sup> of each month.*

## Art Camp for Kids and Adults

Love sharing my love of art and teaching others, I am offering ART CAMP both VIRTUAL & IN PERSON

**“REGISTRATION is OPEN for ART CAMP 2022 - VIRTUAL/IN PERSON”**

IN PERSON LOCATION: WOODS COMMUNITY CTR., BURKE CENTRE

### **DRAWING PLUS COLOR FUN CAMP 5-8 years**

A JUNE 27- JULY 1 TIME: 11:00 -11:40 / VIRTUAL

B JULY 25/27/29 TIME: 10:00-11:00 / IN PERSON

### **DRAWING & PAINTING CAMP 7/8 years & up/Teens**

1 JUNE 27-JULY 1 TIME: 1:30 BREAK 2:30 / VIRTUAL

2. JULY 25/27/29 TIME: 12:30 -3:15 / IN PERSON

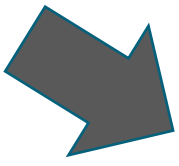
**ART FOR ADULTS CAMP** Contact Instructor for details

### **REGISTER**

**CALL/TEXT 703-250-6930**

[czeitlinschneier@yahoo.com](mailto:czeitlinschneier@yahoo.com)

[www.czartlessons.com](http://www.czartlessons.com)



# Be a Featured Artist on Our Website

This is a great opportunity for SAG members to show your artwork and tell a little about yourself and your art journey. Go to our website (<http://www.springfieldartguild.org/>) and scroll down a little and you will see the section for SAG's monthly "Featured Artist". Any member can be a featured artist. We would like to have a different SAG artist each month. If you are interested please contact Teresa Brunson at [teresatindlebrunson@gmail.com](mailto:teresatindlebrunson@gmail.com) . Below are the questions we would like each featured artist to answer so we can put the text along with pictures of your artwork.

## Featured Artist Questions - Springfield Art Guild

We are excited to have you as our next Springfield Art Guild Featured Artist! As part of your feature, we post a write-up about you and your work on our website. We would like you to use the following questions as prompts. Have fun with it!

Please submit an image of yourself, and 6-10 images of your favorite pieces that you would like included in your feature.

### Featured Artist Questions to Answer and Provide to Teresa Brunson (*email listed in above paragraph*):

1. Your Name:
  2. Business/Studio Name:
  3. Website:
  4. Facebook:
  5. Instagram:
  6. Preferred Medium:
- 
1. What is your personal artistic motto or mission in a sentence or two?
  2. What are three words that describe your style?
  3. Where are you coming from and how did you start your artistic journey?
  4. What inspires you to create? What holds you back?
  5. What is your favorite piece you have created or favorite art experience, and why?
  6. Tell us something positive that has happened to you in the last month?

## ART ITEMS FOR SALE!

No items for sale at this time.