



SPRINGFIELD ART GUILD

A place for a creative experience

NOVEMBER 2024 Newsletter

IN THIS ISSUE:

- **SAG November Speaker - Saya Behnam**
- **2024-2025 Membership**
- **Announcement**
- **Exciting Member News**
- **Art Opportunities**
 1. **Garden Dreams Juried Art Show**
- **SAG's Open Studio on Wednesdays**
- **Board Members, President & Speakers Schedule**

Meeting Schedule

November 13, 2024 at Grace Presbyterian Church auditorium

7434 Bath St. Springfield, VA 22150 (there is a side door on the church to the auditorium at the parking lot)

6:30 – 7:00pm Networking, set up
7:00 – 7:20pm Business meeting
7:30 – 9:00pm Visiting Artist Presentation

(times are approximate)

www.springfieldartguild.org
www.facebook.com/springfieldartguild/
<https://www.instagram.com/springfieldartguild>
<https://artsfairfax.org>



Saya Behnam

Nature's Dance:

The Interconnected Art of Saya Behnam Through Sacred Geometry and Handmade Pigments

Saya Behnam work's context and goal is to show nature's unity, wholeness, and interconnectivity. You will find the concept of birth and death, cycles of life (using round canvas or shapes as a metaphor for unity and nature's cycles), and recognizing patterns found in nature for energy, growth, chaos, and order in my work. She uses sacred geometry patterns and fractal and biomorphic shapes which are observed in natural elements, from the cosmos and nebulas to small flowers.



At 52, on a whim, she started taking classes at The Art League in Alexandria, Virginia. She started with Pastels and went on to win the Joan Gehl Award at the 2001 Pastel Society Annual Show.

She combines free-flow brushstrokes with these patterns. It can be considered a dance from nature and an interconnecting element in any organic and unified system (like roots-branches, nervous system, nebulas, and more).



Her hand-made colors and inks from earth minerals, fresh or dried flowers, plants, spices, plants, earth stones, and other pigments aren't just my mediums and colors; they are parts of the places and times she gets and represent time and space.

Process

She makes hand-made colors and inks from earth minerals, fresh or dried flowers, plants, spices, earth stones, and other pigments. (She has a small dye garden, some of which originate from it). These are an essential aspect of her creative process; they aren't just mediums but parts of places and time. Furthermore, they produce different colors in response to weather, soil, and location. Since they are specific to the moment, time, and environment they were created, each is unique and can never be replicated. They become singular visual aesthetic records that specify geography and time.



She follows the old masters and indigenous artists' recipes to create archivable colors. She also developed a system of preservation by layering the minerals, botanical colors, and ink in a unique way, which makes new shades and increases conservation. She is confident of their durability by covering them with different UV protection materials, UV museum glass, and cold wax if needed.



Community Engagement

Painting is a solitary activity. Before She engaged as a resident artist at Torpedo Factory Center, She had never experienced the power of direct connection between the artist and the public. One of her greatest joys in the studio is experiencing this connection daily. She also cares about younger generations and the connection between them and nature in the time that screen and AI are becoming very powerful. She tries to have many workshops or community engagement to restore and share the beauty of connection to nature.

Saya Behnam
2024 October Speaker

www.SBehnam.com

Instagram: [@sayabehnam](https://www.instagram.com/sayabehnam)

www.facebook.com/sayabehnam

OUR MEMBERSHIP DIRECTORY IS NOW ONLINE!

We have worked hard to transition to an online member directory this year. We will also include a link (PDF file) to allow members to print out a hard copy of the directory, if so desired.

We have ensured that our member directory is private and password-protected so your contact data will always remain secure. All active members have already been provided the password via separate correspondence.

Instructions on how to access the directory are as follows:

- Go to our Web site www.springfieldartguild.org
- Go to Members section
- Click on Member Directory (Private). This will then prompt you to enter a password
- Enter the password

This will open up the member directory. All members are listed alphabetically so you can scroll down easily to find a specific member.

If you choose to print out a hard copy of the directory, go to the very end of the directory listing. Highlighted in red, you will see Click on link of Current List. Click on this and it will provide a PDF file of all members so you can print, as desired.

The private directory and PDF file will be updated throughout the year as we get new members, or if any of you have information that has changed. It is important that all members ensure that the Website URL's that they have provided are accurate and working.

If anyone has any questions or problems, please don't hesitate to contact the Membership Coordinator, Deidre (Dee) Pistochini.

Deidre Pistochini
Membership Coordinator
pistofam@msn.com
(703) 282-5305



ANNOUNCEMENT



For 55 years, SAG has thrived thanks to the dedication of our incredible members. It easier than ever to contribute, because many of our volunteer roles can be done right from the comfort of your home.

Danica Arehart has been a powerhouse in helping SAG use Jotform to streamline show entries and our membership processes with her expertise in Jotform. As our use of Jotform expands, Danica needs more hands-on deck. One member has volunteered to assist Danica, but she needs at least one more Jotform enthusiast. Danica will provide instruction to anyone who would like to help with Jotform.

Join us in making a difference and keeping our guild fabulous!



SAG Members:

Our website has a new page allowing you to have easy access to our events. It includes our monthly meetings and speakers, our art shows and other events.

To see the page click on the [EVENTS](#) tab at the top of our main page.

<https://www.springfieldartguild.org/calendar/>



Instagram 

**SAG is on Instagram! Follow us there.
You can find us @springfieldartguild**

SAG members:

Do you want some additional publicity for your upcoming show? If you are showing work in a non-SAG venue, let us know the details and send us an image. We'll post them to our Instagram account. Send the image, location, dates and any other relevant information to: sagartinstagram@gmail.com



NOVA Nature Journal Club



LIKE “The NOVA Nature Journal Club,” on

Facebook! <https://www.facebook.com/groups/544583139673338>

The NOVA Nature Journal Club, a Facebook group administered by SAG Member Elaine Sevy, offers a steady flow of lovely illustrations and journal pages, as well as links to register for a variety of online and in-person classes.

The NOVA Nature Journal Club is managed by SAG Member Elaine Sevy. Our group is a diverse community of artists and naturalists, of all levels, who meet together to connect to nature through art. Though centered in Northern Virginia, it is open to anyone with a passion for exploring nature with a journal.

Springfield Art Guild Fall 2024 Virtual Art Show

<https://www.springfieldartguild.org/fall-2024-virtual-show/>

Artist's Choice

September 28 – November 30, 2024

Visit us online for that perfect artwork!

<https://www.springfieldartguild.org>

click on Exhibitions/ Fall 2024 Virtual Show



People's Choice Award. Click this link to vote:

<https://form.jotform.com/242063555791157>

Vote for your favorite...Anyone can vote!

Awards given out at SAG member meeting on November 13th.

~~~~~ SCHEDULE FOR SUBMISSIONS AND ENTRIES ~~~~~

- **November 02, 2024** – Voting for People's Choice award ends
- **November 13, 2024** – People's Choice award will be given out at the monthly meeting
- **November 30, 2024** – Virtual show closes

W E L C O M E

SAG NEW MEMBER

Welcome new members to the guild

Ariane D'Souza

We are pleased to have Ariane join our guild.
Her artistic mediums are graphite, ink and watercolor.

Robert Fox



Robert is a Northern Virginia native, born and raised in Vienna. He has spent most of his adult life working as a writer, a little journalism and mostly business writing. In recent years, he has felt like he needed something different. He has always enjoyed looking at fine art but never thought of myself as an artist. Something happened earlier this year, and he had the urge to paint, so he bought some drawing and painting books and then some paint and brushes and then more paint and more brushes and... he love it. He feels lucky to have found painting and found something that he enjoys so much. He has painted with acrylic, gouache, and recently tried oil. Most of his paintings have focused on nature, trees, canyons, and he just finished painting his first two geese in this piece he is giving to a relative from Vermont. He is grateful to finally have the chance to meet other artists in the area.



EXCITING MEMBER NEWS!

Be sure to let me know if you have anything you would like to share about your art endeavors. We would like to hear from you. Contact Ying at happyartstudio@gmail.com

Falls Church Arts



SAG Member

Nancy Patrick's paintings "Same But Different" and "Biodiversity" were accepted into the Falls Church Arts Show "The Beauty of Diversity." Exhibition time : 10/5-11/17, 2024

additionally,

Nancy's two paintings on exhibit at The Virginian (a senior living center in Fairfax) in the Fairfax Art League Show, Sturbridge and Waterfall at Susquehanna State Park.

The show is open to the public daily through December, 2024.

The Virginian

9/24-12/24



The
Fairfax
Art
League



Congratulations

ART Opportunities

**Registration is open for
SAG's annual juried
Green Spring Gardens
Art Show!**

Registration is open through November 20

GARDEN DREAMS

Springfield Art Guild Juried Art Show and Sale



Autumnscape by Chris Pankow

December 10, 2024 - January 26, 2025

At Green Spring Gardens Horticulture Center in Alexandria

Chairpersons: Pat Hafkemeyer and Teresa Brunson

Juried by Catherine Hillis

**Use this link to register and to gather information
about the show:**



<https://form.jotform.com/242665605885165>



Join us on Wednesdays!

AN UPDATE ABOUT THE ONGOING WEDNESDAY OPEN ART STUDIO

Since there has been low demand and attendance for this event and that the number of people who are hosting it are now two, we have decided that this event will only be held on the **1st and the 3rd Wednesdays of every month**. A Zoom link will still be sent out a few days before the day of each of those events. Look for them or save an old link to use since we use the same link each time. Just click on the link, join the meeting, add your video and sound and you are good to go.

For those of you who do not know or have never joined the Open Art Studio, this is a meeting via Zoom where you can paint in your own studio (or anywhere for that matter), talk with and get to know your fellow SAG members, get help from those members (if needed), have a designated time to paint (draw or create) each week and see what others are working on. **It is only 1 1/2 hours the 1st and the 3rd Wednesdays of the month starting at 1PM**. You can stay for the whole time or just pop in for a quick critique.

Look forward to seeing you!

Come join us you'll be glad you did!

This is a great way to get to know your fellow Springfield Art Guild members:

- You can paint, draw, create or watch what others are working on during this time.
- You can get feedback from the other artists on your current work or something you have been stuck on. Another view point is always helpful.
- You have the luxury of painting in your studio with all your supplies handy and not have to lug them to class or another location. Also blocking out the time, guarantees that you will at least be creative once a week.

When: 1st and 3rd Wednesdays from 1-2:30pm

Where: On Zoom - SAG members meet on Weds to work on any art project of their choosing. The zoom link is always the same and is sent weekly to all members by email.

What's is all about?? It's a virtual get-together giving everyone a chance to work on their personal art in a group setting for inspiration, encouragement and to just have fun chatting, and painting or drawing again.



Any SAG member can be a featured artist on the home page of our website.
Please check below to find out what you need to do.

Be a Featured Artist on Our Website

This is a great opportunity for SAG members to show your artwork and tell a little about yourself and your art journey. Go to our website (<http://www.springfieldartguild.org/>) and scroll down a little and you will see the section for SAG's monthly "Featured Artist". Any member can be a featured artist. We would like to have a different SAG artist each month. If you are interested please contact Teresa Brunson at teresatindlebrunson@gmail.com. Below are the questions we would like each featured artist to answer so we can put the text along with pictures of your artwork.

Featured Artist Questions - Springfield Art Guild

We are excited to have you as our next Springfield Art Guild Featured Artist! As part of your feature, we post a write-up about you and your work on our website. We would like you to use the following questions as prompts. Have fun with it!

Please submit an image of yourself, and 6-10 images of your favorite pieces that you would like included in your feature.

Featured Artist Questions to Answer and Provide to Teresa Brunson (*email listed in above paragraph*):

1. Your Name:
 2. Business/Studio Name:
 3. Website:
 4. Facebook:
 5. Instagram:
 6. Preferred Medium:
-
1. What is your personal artistic motto or mission in a sentence or two?
 2. What are three words that describe your style?
 3. Where are you coming from and how did you start your artistic journey?
 4. What inspires you to create? What holds you back?
 5. What is your favorite piece you have created or favorite art experience, and why?
 6. Tell us something positive that has happened to you in the last month?



Meet SAG's 2024-2025 Board Members

Springfield Art Guild welcomes new Board members: Sandy Olszowy and Chris Pankow

The SAG President schedule will rotate and then it will be published on the website and in the Aug. and Sept. newsletters. If you have questions, please contact any SAG Board member.

SAG is looking forward to another great year with our Guest Speakers Series, members' shows and other activities throughout the year. Everyone is encouraged to invite friends to join us for our meetings.

Advisors:



Lydia Jechorek
Former Board Member



Elaine Sevy
Nature Journaling Coordinator



Alice Merritt
Librarian, Former Board Member



Teresa Brunson
Former President, Website



Marshall Carolus
Vice President



Deidre Pistoichini
Secretary & Membership



Sandy Olszowy
Treasurer



Pat Hafkemeyer



Chris Pankow



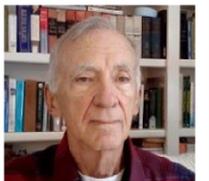
Nancy Patrick



Ying Zhang
Newsletter



Susan Fay
Website



John Nicholson

Acting President and Alternate Schedule Chart

2024-25	Acting President	Member Mtg	Board Mtg	Alternate
September	Nancy Patrick	11	16	Chris Pankow
October	John Nicholson	9	14	Ying Zhang
November	Pat Hafkemeyer	13	18	Susan Fay
December/Holiday Party	Nancy Patrick	11	16	Pat Hafkemeyer
January (Zoom)	John Nicholson	8	13	Ying Zhang
February (Zoom)	Susan Fay	12	17	Nancy Patrick
March	Susan Fay	12	17	Pat Hafkemeyer
April	Chris Pankow	9	14	John Nicholson
May	Ying Zhang	14	19	Chris Pankow
June	Marshall Carolus	11	16	Dee Pistoichini

Contact Information for Board Members and Advisors

First Name	Last Name	Email	Role	Month as Acting President
Marshall	Carolus	marshallcarolus@aol.com	Vice President, Grace Church Contact, guest speaker coordinator.	June
Nancy	Patrick	nmccarthyart@gmail.com		December; backup: February
Pat	Hafkemeyer	Pat.Hafkemeyer@cox.net	Green Spring Gardens show chair	November; backup: December
Susan	Fay	sbfoy@verizon.net	Instagram	February; March backup: November
Ying	Zhang	happyingartstudio@gmail.com	Newsletter	May; backup; January and October
Deidre	Pistochini	pistofam@msn.com	Secretary, Membership	backup; June
Chris	Pankow	pankow1@msn.com	Gmail coordinator	April, backup: September
John	Nicholson	jpnicholson.2@gmail.com	Publicity	October, January; backup: April
Lydia	Jechorek	raylyd@verizon.net	Guest Speaker/zoom coach	
Teresa	Brunson	teresatindlebrunson@gmail.com	Newsletter Assistant, Website	
Alice	Merritt	amerritt5@verizon.net	Books & thumb drives	
Elaine	Sevy	yorkiemum.sevy95@gmail.com	Nature journaling, Facebook admin.	

SAG's Featured Speaker List for Our 2024-2025 Season

All meetings will be in-person except January and February

2024-25	Guest Speaker	Art Topic
Sep 11	Bryan Jernigan	Soft pastel & landscape demonstration
Oct 9	Cindy Packard Richmond	Oil and Pastel artist
Nov 13	Saya Behnam	Demonstration of making pigments from natural
Dec 13	No Speaker	Holiday Party
Jan 10	Charles Decker (<u>zoom</u>)	Yavapai Apache painter from AZ
Feb 14	Donna Foley (<u>zoom</u>)	Waving and Dyeing
Mar 12	Diana Cull	Ikebana talk and demonstration
Apr 9	Sharon Robinson	Mixed media artist specializing in collage and assemblage
May 14	Britt Conley	Translating sound and music into paper, paint, and wood
Jun 11	Alice kale	Critique